



BEING RELATIONAL GAZETTE

BALTIMORE MEDIATION'S NEWSLETTER – APRIL 2018

A MESSAGE FROM OUR FOUNDER

Hello! Spring is here, and Baltimore Mediation is in full bloom. We are so excited to be celebrating our 25th birthday this year. We invite everyone to celebrate with us – keep an eye out for various invitations! April will be an exciting month, we are headed to Washington, DC for the **American Bar Association's Alternative Dispute Resolution Spring Conference**. I am looking forward to connecting with other mediators and teachers to discuss the growth of Alternative Dispute Resolution, especially the transformative mediation approach. The ABA will welcome **The Relational Practices Task Force** with a reception on Friday April 6th. Please stop if you're in Washington, DC. Don't forget to check out my blog 'I Can Relate!' this month: Try, Try Again.

https://www.americanbar.org/content/dam/aba/administrative/dispute_resolution/newsletter/mar2018/phipps-senft-i-can-relate.authcheckdam.pdf

Let's all work harder at the ways our quick judgments, impulsivity, resentment, jealousy, and even vengeance get in the way of our living fuller lives. Let's commit to creating space for self-reflection, relaxation, and contemplation as Spring unfolds. Let's anticipate a month of delightful surprises.

Sending love,

Louise

OUR TRAININGS

Baltimore Mediation's June Training is filling up fast. We have a lot of interested participants, so sign up soon if you are looking to attend the June training! We have developed and launched **a new offering**, our *20-Hour Advanced Mediation and Conflict Transformation Skills Training, Focusing on Blended Families and a Deeper Look at Trauma and Resilience*. It is designed for mediators and others interested in deepening their personal understanding of family systems and is recommended for anyone wanting to better understand and improve blended family interactions.



A list of our trainings:

- June 40-Hour Mediation & Conflict Transformation Skills Training *Focusing on Workplace Conflict and Third-Party Interventions, including the Enneagram of Self-Awareness*
<http://www.baltimoremediation.com/event/june-40-hour/>



GRATITUDE.... ACCOLADES', HIGH FIVES!

Louise Phipps Senft has been selected as the 2018 recipient of the **Chief Judge Robert M. Bell Award for Outstanding Contribution to Alternative Dispute Resolution in Maryland**. This lifetime achievement award is given by the Alternative Dispute Resolution Section of the **Maryland State Bar Association**, and it recognizes an individual who "honors the vision and accomplishments of Chief Judge Robert M. Bell for his work in promoting the use of ADR in the Maryland judiciary, schools, government, and communities." A dinner and award ceremony be held April 24th at Tabrizi's in Baltimore. **Chief Judge Mary Ellen Barbera** and former **Chief Judge Robert M. Bell** will present the award and deliver remarks. <http://citybizlist.com/article/470134/louise-hipps-senft-of-baltimore-mediation-awarded-msba-chief-judge-bell-award>



GRATITUDE



Louise Phipps Senft, Joyce Plaza and friends at the March for Our Lives in Washington, DC, March 24th. Gratitude

- **New!** September Advanced 20-Hour Mediation and Conflict Transformation Skills Training, *Focusing on Blended Families and a Deeper Look at Trauma and Resilience* Designed for family mediators and professionals, and others interested in deepening Their Personal Understanding of family systems and is recommended for anyone wanting to better understand and improve blended family interactions. <http://www.baltimoremediation.com/event/advanced-20-hour-mediation-and-conflict-transformation-skills-training-focusing-on-blended-families-and-a-deeper-look-at-trauma-and-resilience/>
- October 40-Hour Mediation & Conflict Transformation Skills Training *Focusing on Sources of Conflict & A Systems Approach, including the Enneagram of Self-Awareness* <http://www.baltimoremediation.com/event/october-40-hour-mediation-conflict-transformation-skills-training/>
- December 40-Hour Conflict Transformation Skills & Mediation Training *Focusing on Fundamentals of Conflict Transformation, including the Enneagram of Self-Awareness* <http://www.baltimoremediation.com/event/december-40-hour-mediation-conflict-transformation-skills-training/>
- January 20- Hour Advanced Domestic Mediation & Conflict Transformation Skills Training, *Focusing on Custody, Child Access, Parenting Plans, and Financial Support* <http://www.baltimoremediation.com/event/jan-20-hour-advanced-2/>

for all the young people who ignited thousands of us to show our support for non violence.



CLIENT HIGHLIGHT – Louis Waterman



Louis Waterman is a Louisville, Kentucky native, a former Judge of Jefferson Circuit Court, Family Division Four (4) and a leading Family Law attorney in Kentucky. He is a graduate

SPEAKING EVENTS

Louise Phipps Senft will be the **Plenary Speaker** at the **2018 District Court ADR Volunteer Appreciation Continuing Education Event** on April 25, 2018. She will discuss how a mediator's mindset and skillset is preparation to navigate life crises and disasters, reflecting on her family's personal crisis and providing learning tips and skills practice.

Drexel Law School in Philadelphia has invited Louise to **guest lecture** April 9th on Integrative Law and The Relational Approach. Baltimore Mediation hails Professor Susan Brooks for her outstanding work in fostering relational approaches for law students to shift the adversarial paradigm.



Louise Phipps Senft is available to speak at events, conferences, schools, companies and more. Her speech themes include but are not limited to Relational Leadership for You, for women, executives, politicians, physicians, families; Transformative Mediation: what it is and why you need it; Stories from the Trenches; How to Transform the Adversarial Ethic in Your Life; Where is God in Crisis?; Relational Advocacy in Healthcare: Crossing Silos and Moving Mountains; Creative Miracles for Healthcare and Well-Being; The Side-by-Side Partnership of Integrative Medicine and Western Medicine.

TRAINING PARTICIPANTS ARE SAYING...

"I believe Baltimore Mediation's relational approach could cause a **major shift in our justice system** and perhaps cultures in general. The power I have is that I can let the method of transformative mediation begin with me."

- **Valerie Broome**, Human

of the University of Louisville Brandeis School of Law, (1986), a Fellow of the American Academy of Matrimonial Attorneys and is a past President of the Kentucky Chapter of the American Academy of Matrimonial Lawyers.

Mr. Waterman is also an influential civic activist in Louisville. He is a Trustee of the Board of Directors of KyOne Healthcare, Kentucky's largest healthcare provider system. He is the past Chair of Jewish Hospital St. Mary's Healthcare, a non-profit corporation that operated 40 medical related affiliates in Louisville and Southern Indiana prior to its merger into KyOne. He is also the past Chair of the Jewish Heritage Fund for Excellence, a Kentucky Foundation with two hundred fifty million dollars in assets. Mr. Waterman was one of the twelve lawyers in the complex family, estate and tax case of **Kloiber v. Kloiber**, a dynasty trust matter that Louise Phipps Senft solo mediated to a successful conclusion in Kentucky and Delaware.

Mr. Waterman is 56 years old. He is engaged to Leah Brown and is the proud father of two grown children, Mark and Kate Waterman. He enjoys his time at Churchill Downs and is looking forward to the Kentucky Derby.

TIP OF THE DAY: THE SEVEN WAYS OF BEING RELATIONAL: BE ENGAGED

So, what exactly does it mean to Be Relational? There are seven ways of being:

- Being Engaged
- Being Centered
- Being Grounded
- Being Clear
- Being Generous
- Being Humble
- Being Kind

This month, we are going to focus on

Resources Specialist, Training and Employee Development at Architect of Capitol

IN A RECENT...

Facilitation, our Baltimore Mediation mediators created a safe space by setting the tone for the conversation, remaining relaxed, non-judgmental, and non-authoritarian. It is much more helpful to **support the participants and their conversation, rather than directing the participants** and leading the discussion to an unintended result.

TEAM HIGHLIGHT – Vicki Rhoades



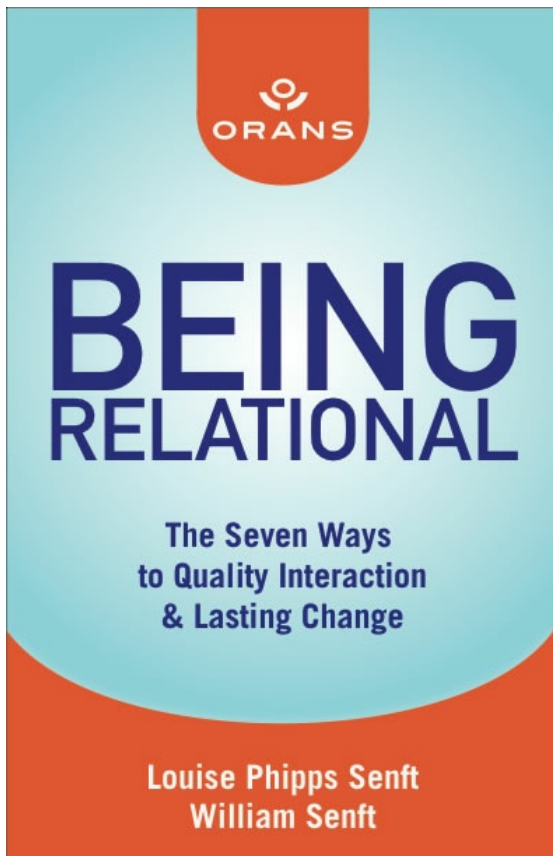
Vicki Rhoades joined Baltimore Mediation in 2009, after years of working together with her husband, Dusty Rhoades, founding and providing mediation and facilitation services for community mediation centers in Calvert and St. Mary's Counties. Vicki and Dusty have been partners in life for over 40 years and co-mediators in the transformative framework since 2001. Vicki specializes in mediation cases involving family and community issues. She is a member of the Maryland Program for Mediator Excellence and the Association for Conflict Resolution. She has been part of the Baltimore Mediation team for almost 10 years and is an amazing mediation training coach. Together with Dusty, she also offers professional coaching services.

Being Engaged.

To 'Be Engaged' is to be present. That means being attentive and interested. It also means to listen, reflect, and ask questions. Engaging is a deliberate act, and it takes commitment, even when the other person is difficult or has a different point of view than your own. The acknowledgment of another, pausing in your life to be fully with another even for a second, is such a simple act, yet it can take so much awareness and courage to do it.

Let's all try to consciously be present in our interactions in the next few weeks, especially with someone who has a different view than ours. Tip: It is not about having to agree with others or insisting they agree with us. It's about being engaged.

Try it! And let us know what happens! office@baltimoremediation.com



QUOTE FOR THE MONTH:

"We live under threat from [unresolved] painful emotions: anger, desire, pride, jealousy, and so on. Therefore, we should always be ready to counter these with the appropriate antidote. True practitioners may be recognized by their unfailing mindfulness."

- Dilgo Khyentse Rinpoche

***Being Relational* became a best-seller in 2015. Available at [Barnes & Noble](#), [Amazon](#), and your local independent book store. Louise Phipps Senft is now available for book signings, book talks, corporate speeches, organizational retreats, and conference keynotes! Call us today to schedule! 443-524-0833**



AS SEEN ON:



WOMEN PRESIDENTS' ORGANIZATION



International Academy of Mediators
Established 1996

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