



25th Anniversary

BEING RELATIONAL GAZETTE

BALTIMORE MEDIATION'S NEWSLETTER AND TIPS – July 2018

A MESSAGE FROM OUR FOUNDER

Wow! How is it already July? What a month! Our June training was amazing - filled with such experience, skill, curiosity, and thirst for knowledge. It was such a joy to watch the group of participants shift throughout the 5 day course - from becoming more aware of their societally imposed transactional reactions, to embracing the transformative method of conflict transformation. I hope that our participants can spread the wealth of wisdom to co-workers, family members, friends, and those whom they have just met! We are thrilled to announce we have launched **our #7WAYS7WEEKS Summer Series** on the **7 Ways of Being Relational!** Follow along on [Facebook](#), [Instagram](#), and [Twitter](#) for tips, how-to's, videos, and more! We are also happy to welcome the newest member of our team - Michelle de Groot. She will be the warm and welcoming voice on the other side of our phone, emails, and all coordinations. We are looking forward to a great month, and an exciting rest of the summer. **Happy July!**



GRATITUDE.... ACCOLADES, HIGH FIVES!

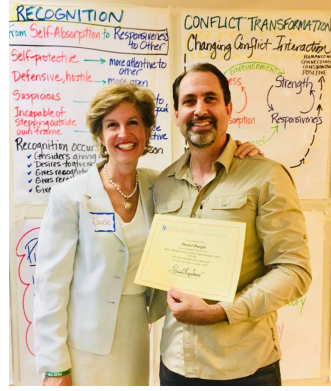
Louise Phipps Senft has rejoined her female colleagues in the **Women President's Organization (WPO)** this Spring after a 2-year hiatus related to a catastrophic injury of her sons. The WPO is a non-profit membership organization for women presidents, CEOs, and managing directors of privately held, multi-million dollar companies.

[Click here to visit WPO Website](#)

I CAN RELATE BLOG...

"I always feel like I'm with my **tribe** when I am among IAM practitioners. You know what I mean, that feeling you when you resonate with a group of people, a group that is easy to be with because you experience resonance, you vibe with each other, you like each other you have things in common. **I bet at least one personal or professional group comes to mind for you when you think about your tribe(s).** But what about Tribe Think?"

[Read the full June "I Can Relate!" blog titled, *Tribe Think* here.](#)



Congratulations to all of our June 40-Hour Mediation and Conflict Transformation Skills Training participants for earning their certificates!

OUR TRAININGS

Our June 40-Hour training focused on **workplace conflict and third party interventions** was a smashing success! "Best training I've ever been to" says one of our participants, an executive from **Kennedy Krieger Institute**. Other training participants came from Johns Hopkins University, Johns Hopkins Hospital, University of Maryland extension, UMBC, HUD, EEOC, Restorative Hope, various law firms, and mental health practices! Our next training is our 40- Hour training in October focused on a variety of conflict settings, followed by a **brand new** training in November, an advanced 20-Hour training focusing on blended families, trauma and resilience!



Interested in more information or registering for a training? [See a full list of our trainings here!](#)

TRAINING PARTICIPANTS ARE SAYING...

"It has truly been the most valuable and applicable training I have attended in the last 20 years. To be in the presence of Louise is to be in the presence of a trainer who has a wealth of knowledge and experience."

- **Shirley Cathorne**, Special Education Department Head at Carver Vocational Technical High School

IN A RECENT...

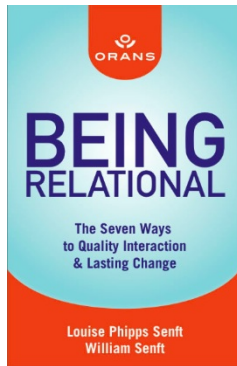
Mediation and Conflict Transformation Skills Training, one of our participants noted that by setting the tone, and providing the skill of reflection, the attitude of personal presence can be even more powerful than the mediator's skill set. It is important, when mediating or dealing with conflict to set a positive tone and lay a basis for believing what is possible.

TIP OF THE DAY:

Exchanging information is one of the most important aspects of human interaction, particularly when you

THE SEVEN WAYS OF BEING RELATIONAL:

BEING CLEAR



want to work together with another person, to collaborate, to work through differences, or even merely to engage in simple interactions. Being Clear means that you consider both your needs and the needs of the other person when you exchange information.

When you engage and choose to be clear, you are willing to give info that the other person might need to create more informed decisions and well-being for both. Sometimes people ask for information that is not theirs to know - Being Clear knows the differences in being truthful and holding confidences. We will focus more on Being Clear in week 3 of our #7Ways7Weeks series.

Let's all try being more clear in our interactions, for the well-being of ourselves, of others, and of our relationships.

Try it! And let us know what happens!

office@baltimoremediation.com

SPEAKING EVENTS

At the Association of Family and Conciliation Courts (AFCC) Conference in Washington, DC, Louise co-lead a workshop with Don Gordon on Being Relational for High Conflict Families and Don Gordon's High Conflict Online Education Program.



Louise is available to speak at events, conferences, schools, companies and more. Her speech themes include, but are not limited, to Relational Leadership for You, for women, attorneys, executives, politicians, physicians, families; Transformative Mediation: what it is and why you need it; Stories from the Trenches; How to Transform the Adversarial Ethic in Your Life; Where is God in Crisis?; Relational Advocacy in Healthcare: Crossing Silos and Moving Mountains; Relational Advocacy in Attorney Negotiations, and Creative Miracles for Healthcare and Well-Being: The Side-by-Side Partnership of Integrative Medicine and Western Medicine.

CLIENT HIGHLIGHT – Bernadette Mauro

Bernadette is the Director of Information and Resource Services for the Paralysis Resource Center at the Christopher & Dana Reeve Foundation. She manages the PRC database and inquiries for the Information Specialist team. She also produces content for the patient education initiatives, and works on advocacy and public policy issues. She was a founding member of the PRC and has been at the Christopher & Dana Reeve



Foundation for over 13 years.

She has a background as a special education teacher and case manager for a vocational and rehabilitative services organization. Ms. Mauro has a B.A. in Liberal Studies from California State University at Chico and holds various licenses and teaching credentials in the special education field.

Louise and Baltimore Mediation have a partnership with the Christopher Reeve Foundation and Bernadette features prominently in that partnership as the liaison between the foundation and families for whom Louise and Baltimore Mediation are providing relational advocacy for

families in crisis dealing with hospitals, medical experts, and rehab facilities. In her free time, which isn't much, Bernadette is devoted to the getting the appropriate rest required for paralyzed individuals to function and enjoying the proud accomplishments of her son who is in college.

[View the How to Advocate through Crisis and Beyond for People and Families Living with Paralysis Webinar by Louise Phipps Senft and The Christopher Reeve Foundation.](#)

TEAM HIGHLIGHT - Sharon Ball

Sharon Ball has been part of the Baltimore Mediation team since 2010. She focuses on providing mediation services relevant to the challenges of human resource management and was employed by the State of Maryland in the area of human resources for over 36 years — in both the Executive and Judicial branches.

Sharon is also one of our star coaches at our Mediation and Conflict Transformation Skills Trainings. She is a certified executive coach. She is an asset to the team. When she's not coaching, as a trained professional coach, she teaches and coaches primarily in the area of leadership development.



Sharon is an active member of the New Psalmist Baptist Church where she serves in various leadership roles. Sharon also is very active with her sorority, Alpha Kappa Alpha Sorority, Inc. wherein she volunteers for a variety of community service efforts in Baltimore County, with her current focus, work and passion in voter education and registration.

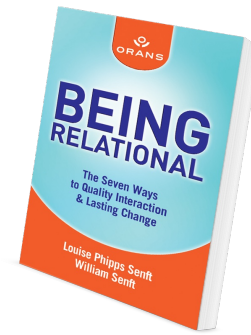
Strongly believing in the importance of legacy, she loves spending time with her adult children and their families, which includes six grandchildren.

QUOTE FOR THE MONTH:

"We must especially learn the art of directing mindfulness into the closed areas of our life"
- Jack Kornfield

For copies of the **Amazon best seller** *Being Relational: The Seven Ways to Quality Interaction & Lasting Change* visit

- [Amazon](#)
- [Audible](#)
- [Barnes & Noble](#)
- Independent bookstores!



SHARE OUR NEWSLETTER! BE RELATIONAL!



AS SEEN ON:



BALTIMORE MEDIATION | 443-524-0833 | Office@Baltimoremediation.com