



25th Anniversary

BEING RELATIONAL GAZETTE

BALTIMORE MEDIATION'S NEWSLETTER AND TIPS – September 2018

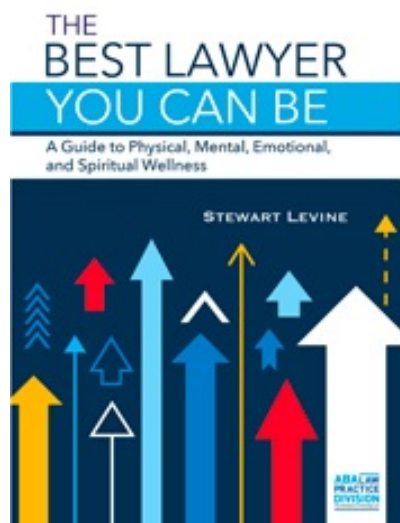
A MESSAGE FROM OUR FOUNDER

Hello and Happy Fall! Oh, these dog days of summer. The heat is on in a wonderful way as we have an eventful few months ahead of us, starting with our 25th Anniversary celebration later this month! Cheers to 25 Years! And so much is happening around us that presents opportunities for change - just thinking relationally! Acting in ways that empower your capacity to be strong without being against others, to take a stand without hatred or wanting to put down or harm. The opportunities are endless!



GRATITUDE.... ACCOLADES, HIGH FIVES!

The book *The Best Lawyer You Can Be*, edited by Stewart Levine, published by the American Bar Association, is officially on sale. Louise was asked to write the Afterward, "Risky Business: Staying Relational in a Transactional World." Grab your copy today!



For more information or to

ABA VIRTUAL SUMMIT

The American Bar Association, Section of Dispute Resolution's *Relational Practice Task Force* has launched its first ever Virtual Summit. The Task Force has designed this online conference to explore the so-called "soft skills" used in relational practice. Are they really so soft? Or part of a radical paradigm shift? Throughout the summit this week - September 4-7, 2018, there are both prerecorded and live programs designed around the theme of "I Can Relate! Skills, Ideas, and Models for Engaging Differences."

There are over 25 speakers on topics ranging from engagement with the disabled and service animals, to trauma and dignity.

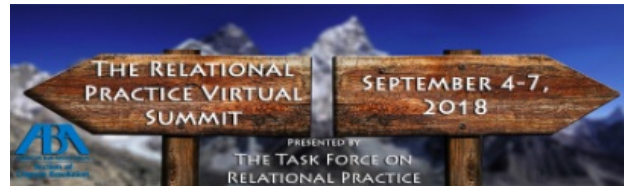
We are thrilled to be a part of the development and execution of the Virtual Summit with *such* a great group of people - mediators, lawyers,

[purchase the book, click here.](#)

advocates, and more!



Louise has been selected as the Keynote speaker for JP Morgan Chase & Co. Women on the Move international conference later this month. She will speak to women financial leaders, as well as thousands of participants calling in, about Conflict Transformation & Empowerment: Inspiring Women to Lead by Being Relational. Louise is honored to be selected as the key note for such an influential group of women.



[For more information on the Virtual Summit or to register, click here.](#)

OUR TRAININGS

Our October training is just around the corner! We are excited to meet and train a whole new class of participants. The October class is full, so please register for December!



Don't forget! November marks our first ever training, 20-Hours focused on focusing on transitioning **step families to blended families**, with an understanding of **trauma** and **resilience**!

Interested in more information or registering for a training? [See a full list of our trainings here!](#)

TRAINING PARTICIPANTS ARE SAYING...

"Baltimore Mediation's training was a comprehensive, multi- disciplinary journey that challenged and equipped me to show up in conflict resolution and mediation as a confident and compassionate leader. Louise Phipps Senft and Beverly Hovmand are inspirational teachers, coaches, and role models. They truly care about every mediator they train, and about the discipline of transformative mediation broadly. They bring immeasurable experience and insight to their trainings, and I am grateful for the time and preparation they devote to maximizing every minute we were together. **Far and away, this was the single best professional development experience I have ever had as a lawyer or mediator.**"

-Doug Rosenbloom, Attorney

IN A RECENT...

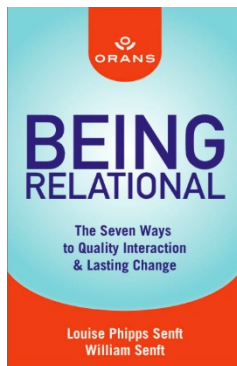
Interaction between Louise and Raya Armaly, with the help of Baltimore Mediation's partnership with the Christopher and Dana Reeve Foundation, Louise helped a client to anticipate their loved ones needs so they can always stay ahead of the medical profession.

Dr. Armaly said, "You seemed to have moved mountains to help Archer. I am so impressed and Inspired! We are venturing into uncharted territory for us and the advice from someone who has been there before has bolstered our confidence. We feel inspired!

It is important to advocate for loved ones, using the knowledge of your loved one and family to anticipate what they will need to heal, and taking steps to put that in place.

TIP OF THE DAY: **THE SEVEN WAYS OF BEING RELATIONAL:**

BEING HUMBLE



This month, we are going to focus on the sixth way of being - **Being Humble**

Being humble means you recognize when your actions are ego-driven and based in pride, and you choose to look for motivations based on care and respect for others and yourself. You take a balanced approach serving both yourself and others because you view both yourself and others as equally part of something larger.

True humility comes from within. You know your place and you see the truth of your personal significance. You need to cultivate it in the depths of your essence-- in your very soul, and if you do, it will bring out the best in you and everyone around you.

Try it! And let us know what happens!
office@baltimoremediation.com

SPEAKING EVENTS

Louise was the Keynote Speaker for the **Young Lawyers Division** at the American Bar Association's Annual Meeting last month. She spoke about Being Relational and Well-Being for Lawyers. [See highlights from her speech here.](#)



Louise will be speaking at the **International City/County Management Association (ICMA)** Annual Conference in Baltimore, for City Managers and later for Spouses and Partners.



She will be in Virginia at the end of the month to hold an Enneagram Workshop at the **Virginia Natural Resources Leadership Institute at the University of Virginia.**

Louise is available to speak at events, conferences, schools, companies and more. Her speech themes include, but are not limited, to Relational Leadership for You, for women, attorneys, executives, politicians, physicians, families; Transformative Mediation: what it is and why you need it; Stories from the Trenches; How to Transform the Adversarial Ethic in Your Life; Where is God in Crisis?; Relational Advocacy in Healthcare: Crossing Silos and Moving Mountains; Relational Advocacy in Attorney Negotiations, and Creative Miracles for Healthcare and Well-Being: The Side-by-Side Partnership of Integrative Medicine and Western Medicine.

CLIENT HIGHLIGHT – Stewart Levine



Stewart Levine is the founder of Resolution Works, a consulting and training organization dedicated to providing skills and ways of thinking needed to build strong organizational cultures. He spent ten years practicing law before becoming an award winning marketing executive serving the legal profession at AT&T, where he was recognized as a pioneer “intrapreneur.” He uses his approach to form teams and joint ventures in a variety of situations. Stewart has worked with large and small law firms, legal departments, and government agencies across the country.

Stewart's book ***The Best Lawyer You Can Be: A Guide to Physical, Mental, Emotional and Spiritual Wellness*** was recently published, featuring the Afterword by Louise Phipps Senft. In this groundbreaking multi-dimensional collection, you can find tools and information that enable you to have both a successful career and a happy, satisfied life. These tools will teach you how to harness the transformative power of being more relational and less transactional.

In his free time, Stewart likes to cook, swim, write poetry, and enjoy his Triumph Bonneville. [Read his poetry here!](#)

[For more information on the book and a sample chapter, click here.](#)

TEAM HIGHLIGHT - Michelle de Groot

Michelle de Groot, the newest member of our team, joined us in June as Louise's executive assistant! She is the warm, welcoming voice on the other end of the

phone and email correspondence!

Michelle comes from a background in business administration, marketing, creative direction, and customer service. She brings to Baltimore Mediation the quintessential Relational touch in all dealings with clients and business associates alike.

In her free time, she handcrafts all-natural artisanal soaps. She is also an active volunteer at the Music and Gaming Festival (MAGFest), with a focus on the Makerspace where event attendees can craft their own inventions. Michelle grew up in northern Maryland horse country and now resides in the Hampden area of Baltimore.



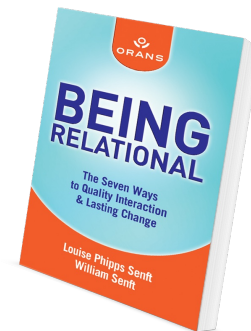
QUOTE FOR THE MONTH:

"It is right mindfulness and attention that allow us to change our behavior"

- Kalu Rinpoche

For copies of the **Amazon best seller** *Being Relational: The Seven Ways to Quality Interaction & Lasting Change* visit

- [Amazon](#)
- [Audible](#)
- [Barnes & Noble](#)
- Independent bookstores!



SHARE OUR NEWSLETTER! BE RELATIONAL!



AS SEEN ON:



BALTIMORE MEDIATION | 443-524-0833 | Office@Baltimoremediation.com
