



Kathleen Gounaris, Psy.D., MBA

Dr. Kathleen Gounaris brings over twenty years of experience in executive talent development and succession planning, decision making theory, and financial psychology to her consulting work. She uses her insights about people, business, and organizational culture to accelerate change and to ensure people thrive in their roles.

Kathleen aligns business strategy and talent through multiple avenues, such as: executive selection, effectiveness of senior leadership teams, management of organizational transitions, and entrepreneurial ventures. Areas of expertise include economic and wealth psychology, the development of potential across organizations, mindfulness based leadership coaching, and health/wellness seminars. Her professional experience has included work across diverse industries such as consumer products, energy, entertainment, financial services, government, healthcare, manufacturing, law, pharmaceuticals, public relations, telecommunications, universities and utilities, as well as start up ventures. Kathleen has worked as a management psychologist for two international consulting firms, YSC Ltd. and RHR International. Early in her career, Kathleen worked at Goldman Sachs & Co. in New York, focused on recruiting/training.

Kathleen obtained her Doctorate in Clinical Psychology and an MBA from Widener University in Pennsylvania. She completed her undergraduate studies at New York University with a Bachelor of Arts degree in Political Science and Psychology. She is a member of the American Psychological Association, the Society for Consulting Psychology, and the American College of Healthcare Executives. Kathleen lives in the Philadelphia area with her husband, daughter, and son. In her leisure time, she enjoys travel with her family, a passion for fitness, and yoga.

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